

MORE OF YOU,

ON PURPOSE

Tanis Roeder

-ELEVATE YOUR COMMUNICATION-

WORKSHOP LEVEL 1

We communicate all day long. In meetings, presentations, conversations with clients, conversations with our teams, and the moments when we need someone else to understand an idea we care about. How we show up in those moments changes how people hear us, connect with us, and respond to what we have to say.



There isn't one right way to be a great communicator. What works beautifully for one person may feel completely unnatural for someone else. The goal is to understand what you're already doing, how your audience experiences it, and the choices you can make to communicate with more intention. More of You, On Purpose is about finding what works for you, practicing it, and learning to bring more of you, on purpose.

THIS IS FOR THOSE WHO

- Communicate in moments where they need other people to listen, understand, or respond.
- Know they may have habits they aren't aware of and wants to understand how they're actually coming across.
- Sometimes get in their head, gets nervous, rushes, overthinks, or feels less natural when the attention is on them.
- Want to become more effective without being taught a formula for how a "good presenter" is supposed to look.
- Is willing to practice, get feedback, see themselves on video, and try something different.

WHAT YOU WILL WALK AWAY WITH

- An understanding of how others experience you when you communicate.
- Awareness of the habits that support your message and the ones that may get in the way.
- The ability to use your eyes, voice, hands, and stance with greater intention.
- Practical ways to work with nerves when they show up
- An understanding of what works for you, rather than trying to communicate like someone else.

WHAT IS INCLUDED

- Full day of training for up to 12 people.
- Video feedback for each participant and individual coaching.
- More of You, On Purpose Level 1 workbook.

Please call us for more information about customization and booking!